



WHAT TO KNOW AND WHAT TO BRING TO SAIL CAMP 2012

AGE LIMIT

Co-ed 7 – 18 years at start of session

CAMP DATES

9 sessions: 1st session starts JUNE 18TH and last session starts AUGUST 13TH (except Session 3 which will run Monday, Tuesday, Thursday and Friday – no camp on Wednesday, July 4th)

HOURS:

Monday through Thursday, in session from 9 am till 4 pm daily. Please arrive in time and ready to start promptly at 9am each day. All campers must be picked up by 4:30pm or incur a \$15 per hour or part thereof, fee. If you need assistance with after aftercare, please discuss the available options with the Program Director.

NOTE: All campers must be signed in and out each day.

REGISTRATION:

All campers must have pre-registered online. Please arrive by 8:45am on Monday for check-in.

NOTE:

No child will be permitted to participate without full payment of all fees, or without having completed and submitted the required forms: code of conduct, indemnity and health forms which are available online at neryc.com

SWIM TEST

Day one – All students will be required to swim a distance of 50 yards and demonstrate the ability to tread water for 2 minutes while wearing a USCG approved life preserver. Life preservers are provided for use at camp; however, participants may also bring their own.

SUN PROTECTION

IMPORTANT: All campers must have sunscreen applied before they arrive in the morning and they must bring sunscreen with them for re-application during the day.

PROGRAM PRIVILEGES

The participating guest (sail camp) families are granted a trial membership status for the duration of the sessions attended, and thus shall have use of club facilities and also be required to abide by club rules and code of conduct.

WHAT TO BRING TO CAMP

Participants are required to provide their own lunch in a mini cooler bag and a refillable environmentally friendly water bottle (NO DISPOSABLE PLASTIC BOTTLES PLEASE). A small tote/backpack that includes: a towel, a light sweat shirt, a change of clothes, a hat and sunglasses (recommended but not required), SPF 30 + sunscreen.
NOTE: all personal property must be labeled with the child's name

WHAT TO WEAR TO CAMP

Bathing suite, board shorts and t-shirt (comfortable, cool clothing)

FOOTWEAR

All campers must wear water shoes/sandals when out on the docks, beach and while sailing.

NOTE: FLIP FLOPS ARE NOT ACCEPTABLE

CAMP T-SHIRTS

NOTE: Camp t-shirts must be pre-ordered.

A limited additional supply will be available for purchase on a first come first serve basis. Camp T-shirts are handed out at the end of each session together with their completion certificates.