

NERYC SAIL CAMPER HEALTH HISTORY

CIRCLE CAMP SESSION/S: 1 / 2 / 3 / RACER

Child's Name: _____

Current residence (Address): _____

EMERGENCY CONTACT INFORMATION:

Emergency Contact (Parent or Legal Guardian): Phone: _____

2nd Emergency Contact (Other than Parent Above): Phone: _____

Primary Care Physician/other provider of medical care:

Name: _____ Phone: _____

HEALTH INFORMATION:

Are there any health problems including PHYSICAL, PSYCHIATRIC, or BEHAVIORAL issues of which we need to be aware? NO YES

Please provide detail:

Are there any medications, dietary restrictions, allergies, or special needs that we need to be aware of to ensure that your child's camp experience is positive? NO YES

Explain:

IMMUNIZATION INFORMATION (Must list current residence above)

Has the participant been vaccinated for Covid-19 NO YES

For campers who currently reside within the United States, a United States territory, or the District of Columbia: - Does the camper have any immunization exemptions because of a parental or guardian objection or medical contraindication? NO YES

List: _____

For campers who reside outside the United States, a United States territory, or the District of Columbia ONLY: - Please Attach record of vaccination or immunity on Department form MDH-896.

Parent or Legal Guardian's Signature

_____/_____/_____

Date

North East River Yacht Club Junior Program Health Safety Protocols

Participants should not attend camp if they have a fever or symptoms of illness.

Parents will be requested to collect participants if they develop a fever or become ill during camp hours.

Covid-19

Any camp participant should isolate and test if they:

- Have a fever
- Exhibit any Covid-19 symptoms
- Have been in close contact with someone who has COVID-19

The participant may return:

- After a negative rapid test
OR
- When no longer symptomatic after day 5.

Should any of these parameters be updated, please adhere to the most current CDC guidelines.

Parent/Guardian Acknowledgement _____ Date _____

NERYC Junior Sailing Program

Program Objective

North East River Yacht Club (NERYC) Junior Sailing Program aims is to provide a quality, fun and educational program for youth interested in sailing and racing, by providing students with the opportunity and fundamental skills necessary to advance in the sport of sailing as far as their interests, desire, and ambition may take them.

Junior Sailor Code of Conduct and Behavior Expectations

As a participant (sailor) in any NERYC Junior Program activity I support the program mission and objectives. I agree I will:

- respect the rights, dignity and self-worth of individuals and refrain from criticizing others. This includes my interactions with, team mates, competitors, officials, coaches and program staff, volunteers, officials, administrators, parents, spectators, and club members.
- always obey club rules, program rules, behavior expectations.
- respect and obey the coaches and program staff knowing that they have my safety and best interest at heart.
- comply with the coaches' direction and guidance – listen and be attentive, be cooperative and participate with enthusiasm.
- be a good ambassador - behave in a manner that honors and promotes the program, the club, and the sport.
- demonstrate the Corinthian Spirit on and off the water, and place winning in the context of good sportsmanship and fair play – act honorably, be considerate in success, failure, victory, or defeat.
- display high standards in dress, manner, punctuality, preparation and presentation, self-control, courtesy, honesty, and integrity.
- not wear clothing displaying improper words or designs.
- zero tolerance of any form of bad language or obscene gestures.
- zero tolerance of any type of bullying in person or online - no physical (such as but not limited to fighting, hitting, pushing) and no verbal and emotional abuse (such as but not limited to shouting, lying, criticizing, defaming, spreading rumors and lies).
- maintain a drug free zone - I will not possess, supply or consume, smoke or vape any drugs, alcohol, tobacco or any illegal or controlled substance.
- refrain from horseplay on and off the water: This includes shouting and or running in the club environs, rough housing, sliding down the bank, running on, or jumping off, or pushing others off the docks, throwing sand, stones, rocks, needless capsizing, intentional boat bumping.
- remain within the defined boundaries for junior sailing activities on land and water.
- not leave my group, the club, or any racing event venue without the express permission of my coach, the sailing director, or team coordinator.
- only swim when granted permission by my coach, and I must remain within the area they designate. I will wear my lifejacket and keep my head above water. I will not dunk, push hang on, or dive bomb others when swimming
- always wear a correctly fitted life jacket, and appropriate water shoes whilst on, around or near the marina, launch areas and the water.

- treat all Club property with care: keep the clubhouse and bathrooms, the club grounds, the marina clean and tidy. I will clean up after myself and discard trash in bins. I will keep my personal equipment neatly stowed. I will rinse off and dry myself before entering the buildings. I will treat the club boats and sailing equipment with care: avoid any loss or damage by being responsible, attentive, and mindful. I will stow boats neatly and securely, and I will return all equipment to its appropriate place after use.
- report any loss or damage to any equipment to a member of the Junior Sailing staff.
- be held responsible for replacement of any equipment loss or breakage due to abuse,

For any serious infraction and/or failure to abide by the program rules and code of conduct, I understand and agree, at the discretion of the Program Director, I may be barred from continued, or future participation for some part of, or all, of my session/s without refund of tuition.

I, _____,
Sailor Name

agree I will abide by the Junior Sailor Code of conduct and Behavior Expectations

SIGNATURE: _____ **DATE:** _____

NERYC Junior Program Parent/Guardian Conduct and Behavior Expectations

As the Parent/Guardian of a Junior Sailor, participating in any NERYC Junior Program activity I support the program objective.

As the Junior Sailors' Parent/Guardian I will:

- support and agree my child/ren must abide by the Junior Sailor Code of Conduct and Behavior Expectations.
- make certain my child/ren understand and are familiar with the Junior Sailor Code of Conduct and Behavior Expectations.
- respect the rights, dignity and self-worth of individuals and refrain from any criticism, bad language, verbal, or physical abuse, of others. This includes my interactions with coaches and staff, officials, administrators, parents, sailors, competitors, and spectators.
- exemplify high standards in language, manner, punctuality, and courtesy.
- be a good ambassador - behave in a manner that represents and promotes NERYC, the junior program and the sport favorably.
- demonstrate the Corinthian Spirit and place winning in the context of good sportsmanship and fair play.
- behave and dress in a manner consistent with the standards expected of NERYC.
- support and respect the decisions, direction and authority of the coaches and program staff knowing that they have my child's safety and best interest at heart.
- allow the coaches to perform their duties without parental interference.

- ensure participants are adequately prepared to participate by insuring they are well rested, on time and suitable equipped.
- be on time to pick up that sailor at the end of class or practice.
- notify program staff if a participant will be absent for any reason.
- be held responsible for replacement of any equipment loss or breakage due to the abuse, misconduct or negligence of myself or sailor/s.

I understand and agree, in the case of any serious infraction and/or failure by my sailor/s or myself to abide by the program safety procedures, rules and behavior expectations as outlined in both parent and junior sailor Code of Conduct, I or my child/ren may be barred from participation for some part of, or all of my junior sailor/s' session/s and junior sailing activities, without refund of tuition or fees.

By signing this code of conduct, all parents agree that participation in the NERYC Junior Sailing Program is a privilege, and participation may be suspended or revoked unilaterally by the NERYC Junior Sailing Director and management team for violations of this code with or without a hearing.

I, _____ ,
Parent/Guardian Name

agree to abide by the Parent Code of Conduct and Behavior Expectations.

SIGNATURE: _____ **DATE:** _____